

Pioneer Lunch

Will you be staying for a picnic lunch with your class? Do you want the experience to be as authentic as possible? Here are a few ideas of the kind of pioneer lunch you could pack!

Make sure to pack your lunch in an authentic pioneer lunch box! Use an old pail or wrap your lunch in cloth or thick wrapping paper. Keep in mind that the pioneers did not have Ziplocs! As for your drinks, you could keep them in a “glass” bottle.

To eat:

- Meat sandwiches
- Jelly sandwiches
- Homemade bread
- Cheese and butter
- Fruit (fresh or dried)¹
- Raw vegetables²
- Pickles (or any other item)
- Hard boiled eggs
- Beef jerky
- Homemade doughnuts, cakes, muffins or cookies

To drink:

- Water
- Juice³



¹ Make sure it is a fruit that could have been grown regionally.

² Make sure it is a vegetable that could have been grown regionally.

³ Make sure it is juice that could have been produced regionally (i.e. apple juice).